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UPSIDE-DOWN TEQUILA SUNRISE

Stabilization (Week 6) & Maintenance Lifestyle

Ingredients

3/4 cup Trop50 orange juice beverage

1 shot (1 oz. = 2 TB) tequila

1 TSP sugar-free calorie-free Torani, or any brand, raspberry syrup

4 to 5 ice cubes

Instructions

1. Place ice cubes in a mid-sized glass, and pour Trop50 and tequila over ice. Stir to mix.
2. Add the raspberry syrup to the top of the drink and gently swirl.

Portion-Per-Serving Information: (Yields 1 serving):

1 serving = 8 oz. = 2 FR

Recipe from www.hungrygirl.com