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LOW-CALORIE MARGARITA	Stabilization (Week 6) & Maintenance
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Ingredients

- 6 oz. Sierra Mist Free or Diet Sprite Zero (or any other no-cal lemon-lime soda)
- 1.5 oz. Tequila
- ½ TSP Crystal Light powdered drink mix, Lemonade
- 1 oz. lime juice

Instructions

Mix all ingredients together. Pour over 1 cup of crushed ice.

Option 1: Before you put all the ingredients into the glass, run some lime juice along the rim of the glass and dip into a dish of either Morton's Lite Sodium or Splenda.

Option 2: Garnish rim with lime slice.

Portion-Per-Serving Information (Yields 1 serving)

1 serving = 1 FR